

## What's Been Happening This Week

This half term, our Year 4 pupils have been learning about the human digestive system. As part of their learning, the children recreated the digestive system using orange juice, crackers, banana, and water. These were squashed in a plastic bag to create a mushy pulp and then the children emptied the mixture into a pop sock (which acted as the small intestine). After this, they squeezed out all the liquid (to represent the nutrients being absorbed into the body) until finally they simulated the last stage of the digestive process by pushing out the waste products. All the children had a lot of fun and enjoyed squashing, squeezing and pushing.

Lewis and Phoebe from Class 4 told us, *"It was good fun and exciting, as well as interesting. The best part was mixing all the food and liquid together because you got to 'squish' things."*



## In case you missed it this week

- School football team letters (Select pupils, both teams, paper copy only)
- School football team match dates confirmation (Select pupils, email only)
- PGL Deposit 2 Reminder (Selected Parents)
- Mother's Day Pop Up Shop (Via Squid)

## Events for next week

- Mon 10<sup>th</sup> Y5 Bike-ability, day 1 (Select pupils, reminder texts will be sent)
- Tue 11<sup>th</sup> Y5 Bike-ability, day 2 (Select pupils, reminder texts will be sent)
- Wed 12<sup>th</sup> Y5 Bike-ability, day 1 (Select pupils, reminder texts will be sent)
- Wed 12<sup>th</sup> Parents Evening 15.30pm – 18.00pm.
- Thurs 13<sup>th</sup> Y5 Bike-ability, day 2 (Select pupils, reminder texts will be sent)
- Thurs 13<sup>th</sup> Parents Evening 15.30pm – 18.00pm.
- Fri 14<sup>th</sup> Last day of term – school finishes at normal time.

## Ernehale Achievers

Congratulations to the following pupils for receiving last weeks Ernehale Achievers award:

|                  |                 |                    |               |
|------------------|-----------------|--------------------|---------------|
| Millie Yarnall   | Nel Metcalfe    | Bea Sampson        | Eva Quah      |
| Harriet Campbell | Zachary Boulton | Fletcher Pickering | Niyah Scholey |

## Mother's Day Pop Up

Following the success of the pop-up shops last year, with nearly 500 gifts purchased, the PFA are excited to announce that they will be running them again. The pop-up shop will be in Juniors on Monday 16<sup>th</sup> March. This information has been sent to all parents via Squid. Please see the letter attached for more information.

## Take Care & Digital Well-being

This week our Parliamentary reps have shared some 'motivational moves' with all of our pupils. These moves are designed to support our cognitive and mental well-being. Our Well-being reps have also been thinking about ways to look after our emotional well-being, this has been discussed within all classrooms. Why not ask your child if they can tell you more about this subject and understand why we are concentrating on this important subject in school.

Next week is our Take Care of Ourselves and Others week, with our focus being e-safety. Across the school we will be talking about and thinking about how to take care of ourselves and others online. Each year group will be thinking about the amount of time they spend online and what they need to do to keep themselves safe.

## Digital Wellbeing

We all need to be aware of how being online can affect us and look after our digital wellbeing. Childnet have further information about what digital wellbeing is, as well as how you can support your child's digital wellbeing, including information that is tailored to their age. Please follow the link for more advice: [Childnet Parents & Children Online Well-being](#).

## Parent Governor Info

We are pleased to announce that Rachel Keetley has been elected un-opposed as our parent governor. She has already been a fantastic support to the governing body for the last four years. We appreciate her continued contribution.

## Key Dates for This Term (new dates shown in purple):

### All Dates Are Subject to Change

- 10/02 – Year 5 Bike-ability Group 2, Day 1
- 11/02 – Year 5 Bike-ability Group 2, Day 2
- 12/02 – Year 5 Bike-ability Group 3, Day 1
- 12/02 – Parents Meeting (15.30pm-18.00pm)
- 13/02 – Year 5 Bike-ability Group 3, Day 2
- 13/02 – Parents Meeting (15.30pm-18.00pm)
- 17/02-21/02 – School Closed, Half Term

## Ernehale Achievers Extra



It seems that talent in rugby is part of our Ernehale DNA... Congratulations to Archie Locke, who has recently achieved 'man of the match' during his rugby match playing for Mellish RFC. He scored four tries against Ashfield RFC. Congratulations Archie, good luck for your next match!



We would also like to say well done to Tilly Bell who was awarded 'TEK Student of the Month' at her kickboxing club earlier this week. Tilly was awarded this due to the hard work, focus, skills and improvement she has shown during January. Well done!

Do you have an extra curriculum achievement to share? We would love to hear from you! Email your story, including any photos to the school office: [office@ernehalejuniorschool.co.uk](mailto:office@ernehalejuniorschool.co.uk)

## Year 6 Visit The National Holocaust Centre

In-keeping with Year 6's topic of: 'Is conflict ever justified?', including lessons in World War II and learning about Anne Frank. We have arranged a trip to the National Holocaust Centre on the 23<sup>rd</sup> March. All information has been sent out via Squid so please check your emails for more information. Permission and payment need's to be completed via your child's Squid account. If your child receives Pupil Premium the cost of the trip will be covered, however you will still need to log onto Squid to give your permission. As always parent helpers are welcome, if you are available on the day to help please email Mr Burton to register your support: [n.burton@ernehalejuniorschool.co.uk](mailto:n.burton@ernehalejuniorschool.co.uk)

## Key Dates for This Term (new dates shown in purple):

### All Dates Are Subject to Change

- 24/02 – School Closed, Inset Day
- 25/02 – School Opens, First Day Back
- 25/02 – Girls Football Match Home VS Lambley
- 26/02 – Class 1&2 Open Lesson 9.00am-10.00am
- 02/03 – Girls Football Match Home VS St. Peters

To view school holidays and inset days please click the following link: <http://www.ernehale-iun.notts.sch.uk/calendar/>