

# Building Learning Power

At Ernehale, we become the best learners possible by building our learning muscles.



**being ready, willing and able to LEARN IN DIFFERENT WAYS!**

**It involves building our:**

- Questioning Learning Muscle
- Making Links Learning Muscle
- Imagining Learning Muscle
- Reasoning Learning Muscle
- Capitalising Learning Muscle



**being ready, willing and able to become MORE STRATEGIC ABOUT LEARNING!**

**It involves building our:**

- Planning Learning Muscle
- Revising Learning Muscle
- Distilling Learning Muscle
- Meta-Learning Muscle



**being ready, willing and able to LOCK ON TO LEARNING!**

**It involves building our:**

- Absorption Learning Muscle
- Managing Distraction Learning Muscle
- Noticing Learning Muscle
- Perseverance Learning Muscle



**being ready, willing and able to LEARN ALONE AND WITH OTHERS!**

**It involves building our:**

- Interdependence Learning Muscle
- Collaboration Learning Muscle
- Empathy and Listening Learning Muscle
- Imitation Learning Muscle